

Wasauksing Health Committee Meeting Tuesday, February 13th, 2024 5:00pm-7:00pm Wasauksing Nursing Station Spiritual Room

Community Committee

Members:

Pazhe Rice, Councillor; Hali Tabobondung; Meaghan Tabobondung; Elizabeth Taylor;

Staff Resources:

Audrey-Anna Colson, Community Health Rep; Deborah Pegahmagabow, Director of Health

Recorder:

Rachel D. Pegahmagabow, **Health Director Assistant**

Regrets:

Karen Chegahno; Alaina King, Councillor; Dora Tabobondung; Lisa Tabobondung;

Christina Vasiliou, Councillor;

Lesley Pilar Welling

Opening Prayer – Deb Pegahmagabow

Chair – Pazhe Rice

Meeting called to order – 5:32pm

2. Agenda- Review and Acceptance

Motion 02-13-24-1

That the Health Committee reviewed and accepted the February 13th, 2024 agenda.

Moved by Hali Tabobondung

Seconded by Meaghan Tabobondung Carried by Consensus

3. Minutes- Review and Acceptance

Motion 02-13-24-2

That the Health Committee reviewed and accepted the minutes from January 11th, 2024.

Moved by Elizabeth Taylor

Seconded by Meaghan Tabobondung Carried by Consensus

4. Health Director Updates:

4.1 2023-2024 Health Programming:

- Community Health Representative
 - o RSV: 48 vaccines given
 - o Flu: 95 vaccines given
 - Surveillance
 - Many individuals are ill with various illnesses, latest is pinworms
 - Held a housing workshop today on how to note wear and tear and fix: owner vs. rental

CARA:

- Skating at Humphrey Arena continuing this winter season until March 10th Every Sunday from 9:30am-11:30am
- Swimming at Tappattoo is continuing this season from now until May 28, 2024.
- o Badminton on Tuesdays from 6pm-8pm
- LNHL planning underway:
 - CARA to take van down for families to watch games
- Maplefest
 - Planning group is being established next meeting is February 16th at 5pm
 - Budget is set and planning underway
 - Ceremony for the sap running to occur before the event date to be determined.
 - Date: April 6th
 - Axe throwing, maple syrup on a stick, face painting, and more to happen
- Home and Community Care:
 - o 53 clients
 - Updating 3 year plan for HCC

NNADAP

- Whole Life Counselling is now coming to the Nursing Station NNADAP Worker will be handling the assessments/referrals to Whole Life Counselling.
- Taking on the PSHS lunch every two weeks
- HIV/AIDS awareness week: held a mitt making
- Mental Health First Aid training will be booked- open to community members
- Traditional Healing Program
 - Attending medicine making workshops
 - Would like to start a mentorship program for male and female youth so next generation can learn.
 - A lot of medicines are being given to requesting clients

Mental Wellness Team:

 Continues to provide support to 6 First Nations- Wasauksing, Dokis, Wahnapitae, Magnetewan, Henvey, and Nippissing.

4.3 Staffing Updates:

- Medical Doctor:
 - o Dr. Elliott: visiting physician (in 2-3 times a month) will be leaving at the end of March due to relocating.
- **MWT Navigator: Reposting**
- Health Administrative Assistant: Reposting
- 2 Personal Support Workers (PSW) job postings have gone out, 3 applications received.
- Social Worker contracts ending March 28, 2024

4.4 Quality Improvement Plan:

- Almost 50% collected, will be sending the report to the Ontario government.
- The most important question: "The percentage of clients who were always or often involved in the care decision when they saw their doctor/NP/ nurse..."

Research:

- CICA: Indigenous Screening for Dementia- almost completed, looking at uploading into EMR. Next steps are to continue until the instrument is adopted for use by Indigenous groups.
- Midwives: no other follow up received at this time.
- Palliative Care: Best practices in communities up and down the HWY 400 area First Nations. A submission for Palliative Care Needs has been made. Dr. Davis is a lead with another physician from NOSM.
- 5. Next Meeting: Tuesday, April 9, 2024 at 5:00pm No meeting in March due to LNHL.

Meeting Adjourned – 6:45pm

Closing Prayer – Deb Pegahmagabow